

SPIRITUAL CONCLAVE (SC)

CASC in collaboration with
The International Society for Ayurveda & Health
www.ayurvedahealth.org

Presents

Eight Glasses of Water a day-----Exploring the Myth
By Dr. Ruchir Trivedi, MD, MRCP

Conference Room EG-013
UCONN Health

Friday, October 28, 5:15 PM

Moderators: Drs. Amala Guha, Stefan Brocke, Chandra Narayanan, Lakshmi Nair

About **Dr. Ruchir Trivedi, M.D., MMedSci(Hons), MRCP(UK):** Assistant Professor of Medicine department of nephrologist at University of Connecticut School of Medicine, Farmington CT. His medicine and nephrology training spans across Atlantic, from United Kingdom to USA. He is involved in education across training spectrum from medical students to nephrology fellows. His research interest includes dialysis, renal nutrition and lupus. He is keenly interested in evidence based alternative therapies and diet in renal disease. He has given numerous presentations at local and national level. Dr. Trivedi enjoys meditation, acting and spending time with his three beautiful daughters

About the conclave:

Mission: SC provides a platform for discussions on global issues, various aspects of mind, matter & consciousness (mind, body & spirit), spirituality, preservation of nature, natural phenomenon's, health, healing and wellness incorporating science, philosophy, humanity and research and cultural competencies. Attending members suggest topic for discussions and book of choice. **Open to public**

Topics discussed in the past (partial list): Rebirth, Near Death Experiences, Telepathy, Spiritual Forces, Frontiers of Mind, Consciousness, Molecules of Emotion, GMO, Cosmos

Registration: Free. To reserve your seat please email: aguha1@att.net

Directions to University of Connecticut Health Center

From Greater Hartford: Route 84 to Exit 39.

Turn right onto Route 4-East (Farmington Avenue). Drive about 1-1/2 miles

For Conference Room EG013:

Turn right into U Conn Health. At the rotary go ahead veering off to right, At the stop sign turn to left into academic entrance, Use Parking lot AB at your right. Unrestricted parking after 5 PM & on Saturday and Sunday —park at the end of the lot, take the stairs, one of us will open the door at 5 PM (cell: 860-836-3966 or 860-324-3691).

Dates to remember **November 18, 2016**
December 9, 2016